



WOLVERHAMPTON SWIMMING CLUB

(Affiliated to A.S.A West Midlands Region and Staffordshire A.S.A)

LEVEL 3 SPRINT MEET

(UNDER A.S.A LAW and A.S.A TECHNICAL RULES)

LICENSED BY THE A.S.A UNDER NO :.3WM0204

11TH JULY 2010

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

VENUE	Central Baths, Wolverhampton
POOL	8 Lane - 25m pool - electronic timing - anti turbulence lane ropes
AGE GROUPS	9yrs; 10 yrs; 11 yrs; 12 yrs; 13 yrs; 14 yrs; 15 yrs ; Open
AGE UP DATE	Age will be age as at 11 th July 2010 (being the date of the meet)
EVENTS	50m All strokes - all age groups 100m Freestyle - 10 yrs upwards 100m Breaststroke - 10 yrs upwards 100m Backstroke - 10 yrs upwards 100m Butterfly - 10 yrs upwards 100m IM - all age groups

All events will be on a `Heat Declared` basis

AWARDS Awards will be given to the top 3 in each age category. There will be additional awards for Top Boy and Top girl. There will be a perpetual trophy awarded to the Top Visiting Club.

ENTRIES Qualifying and upper cut off times will be applied in all events.

Entry fee will be £3.50 per event. Closing date for entries will be 7th June 2010. Download meet information and entry forms from the website – www.wolves-sc.co.uk or email Steve Mullinder at – dashtrophies@hotmail.com